

MISSION STATEMENT: The Carlisle Area Chamber of Commerce exists to promote the economy vitality of its members, encourage economic development, and to enhance the quality of life.





# Gain new insights with bite-sized excerpts from Simpson degree and certificate programs.

These workshops can be taken individually or as a series. Taught by Simpson faculty, each 1-hour course focuses on an essential skill or foundational element of adaptive and resilient leadership.

#### TRAUMA AND RESILIENCE:

#### Recognition and Self-Care Strategies

Our world is complex and trauma exists. It affects how people show up and how we lead. Build strength as a leader by being able to recognize trauma, become aware of how trauma affects behavior, and gain self-care strategies.

#### **DATA ANALYSIS:**

#### Influence Through Data Storytelling

One of the most challenging aspects of leadership is being able to make the case for a project or idea. Learn how to analyze data and create clear, effective visualizations to help stakeholders feel confident in the direction you propose.

#### MANAGEMENT:

#### Fundamentals of Effective Project Management

Guiding a project from start to finish can be daunting. Develop an understanding of how to build and balance a project scope, detail a timeline, and anticipate project costs. Having the basics of project management will set you up for success as a leader.

#### WHEN:

Thursday, September 18th, 2025

#### LOCATION:

Hubbell Hall, Kent Campus Center -Simpson College

#### **DURATION:**

One-hour each. Courses take place on same day.

#### **REGISTRATION DEADLINE:**

September 10th

#### COST:

\$79/course or \$195/series



#### Scan the QR code

to register for the Adaptive and Resilient Leadership Series **Adaptive and Resilient Leadership Series:** This is a workshop series that allows you to learn something new, and get a taste of Simpson degree and certificate programs!

- **What**: Three 1-hour workshops offered in the afternoon of September 18, taught by Simpson faculty. Workshops can be taken individually or as a series, and you can view times on the <u>registration form</u>.
- **Where**: They take place at Simpson, so attendees get to experience the campus in the fall, which is energetic and beautiful!
- **Who**: These workshops are open to anyone interested and a wonderful way to explore degree and certificate programs, or just gain some new skills and insights you can apply.

Links for the Adaptive and Resilient Leadership series:

Event flyer: <a href="https://simpson.edu/app/uploads/2025/07/Workshop-Series\_09-2025-3.pdf">https://simpson.edu/app/uploads/2025/07/Workshop-Series\_09-2025-3.pdf</a>

**Registration and workshop times:** <a href="https://access.simpson.edu/register/leadership\_series">https://access.simpson.edu/register/leadership\_series</a>

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