

Mission Statement: The Carlisle Area Chamber of Commerce exists to promote the economic vitality of its members, encourage economic development and to enhance its quality of life



Business Spotlight

Rejuvenate Medical Aesthetic & Spa

"We Have Moved"

55 Main, Carlisle, IA

(See what we have to offer)



Stop in and meet our staff at our new location 55 Main, Carlisle, IA.

Jessica, our Esthetician is in on Tuesdays and Shannon our Nurse Practitioner is in on Wednesdays 8-5 PM. Appointments can be made by calling 641-218-0609 or on line at our website www.rrclinicandspa.com. Not sure what service is right for you? Consultations are FREE, or you can always call and talk to someone for help. Shannon has been a nurse practitioner for 3 years and with Rejuvenate since graduating, she also works in urgent care for Unity Point full time. Jessica has been with Rejuvenate for 2 years, working as a CMA, permanent make-up artist (Knoxville location only) and most recently obtained her certification as an esthetician as well! Rejuvenate has been in Carlisle a year, in our current location about 5 months. We look forward to expanding our clientele and serving the Carlisle Area.

> "Business Spotlight" If you wish to have your business as the Chambers "Business Spotlight" and be featured in the Carlisle Chambers Newsletter.

Contact Shar at the



Carlisle Chamber 515-989-4216. Another great way to promote your business.

Medical Aesthetics

Botox / Jeaveau
Fillers
Microneedling (PRP & RF)
Aquafacials
Chemical Peels
Laser Hair reduction**
CO2 laser resurfacing *

Esthetician Services

Custom Facials
Waxing (face & body)
Permanent Makeup*
Lash Lift and Tint
Brow Lamination & Tint
Makeup (Casual and Event)

Wellness Services

IV Vitamin & Hydration
Vitamin Wellness Injections
Medically Supervised Weight
Management

Other Services

Teeth Whitening
Permanent Jewelry*
Body Cavitation
Infared Sauna*
Medical Footcare*

www.rrclinicandspa.com rejuvenaterxknoxville@gmail.com 641-218-0609

Locations in Knoxville, Centerville & Carlisle *Knoxville only **Knoxville or Centerville only

Networking Opportunities

Survey results - Each of our Chamber members had the opportunity to respond to our survey that was sent earlier this month. One of the most mentioned was Networking Opportunities. Your Chamber is working hard to meet the needs as mentioned. Listed below are some, but not limited to, our Networking Opportunities. Watch for specific dates, try to attend, great way to meet other Chamber Members, network and hear what our speakers have to say.

Lunch & Learn
Pub Crawl

Opportunity to Visit with Your State Legislators, Supervisor,
Mayor and Superintendent of Schools
Golf Outing
Lets Talk
Community Events
Women's Mentoring
Breakfast thanking our Educators & Staff
Warren County Legislative Breakfast
Quarterly Meetings with Non-Profit Organizaitons
Forums during election years for elected officials
Pumpkinfest, Light Up Carlisle
Annual Dinner

Mark Your Calendars Upcoming Events

Carlisle Winter Market
4th Saturday of Month
8:30 AM - 11:30 AM
Carlisle Rec Center
1220 S. 5th Street
Carlisle, IA
Contact Marilyn & Mark Goodhue
515-979-2855

Saturday, March 16, 2024
10:00 AM - 11:30 AM
Talk to Your - State Legislators, Mayor, Carlisle Superintendent of
Schools & Warren County Supervisor
City Hall Council Chambers

100 N. 1st Street, Carlisle, IA

Tuesday, March 19, 2024 Lunch & Learn Topic - Child Care

(If you would like to sponsor a Lunch & Learn and give a brief update on your business, contact Shar at the Chamber office. Another great opportunity to promote your business.)

April 18, 2024
Pub Crawl
5:30 PM
Watch for further details

Contact the Chamber Office 515-989-4216 executive director@carlisleiachamber.org

2024 Carlisle Chamber Board of Directors

Sara Davis, President (The Carlisle Citizen)
Paige Smothers, Vice President (Sprouts Early Learning Academy)
Alicia Benson, Secretary (AB Coaching)
Lynn Schattner, Treasurer (Cyber Solutions)
Past President, Tracy Rector (Sisters Place)

DIRECTORS

Cody Evison (Hawkeye Auto)
Linda Freese (The Twisted MANE)
Dr. Pamela Goode PharmD (Medicap Pharmacy)
Andrea Hoekstra (Carlisle Community Schools)
Adam Lande (Fareway Food & Groceries)
Dr. Tyler Villiard (Des Moines River Dental Care)

Liaison - City of Carlisle

STAFF

Shar Pardubsky, Executive Director



Chamber Contact Information

Carlisle Chamber of Commerce

Shar Pardubsky, Executive Director

27 School St; PO Box 487

Carlisle, IA 50047

(515) 989-4216

By Appointment

Platinum Members











