



Mission Statement: The Carlisle Area Chamber of Commerce exists to promote the economic vitality of its members, encourage economic development and to enhance its quality of life.

Warren County Chambers
Women's Mentoring
"InspireHER"
September 28, 2023
Make Your Reservaitons

WARREN COUNTY CHAMBERS BRING YOU



InspireHER

Women's Event

Breaking Barriers, Building Bridges

Thursday, Sept. 28 | 8 – 11 am

Red Acre Barn | 4053 Kirkwood St, Prole

\$20 PER PERSON

*Optional: Mindful Movement class by
Begin Again Yoga at 7:00 a.m.*

BREAKFAST PROVIDED

**Inspiring
Speakers**

**Roundtable
Collaborations**

**Mentoring &
Networking**

SPEAKERS



**From Paralysis to Progress:
Breaking Barriers and
Embracing the Possibilities**

Amanda Zwanziger

Indianola Chamber Leader, Speaker,
Author, Coach



**Shine Spots
& Blind Spots**

Barb Rank

Speaker, Enneagram-certified
Coach, Facilitator, Norwalk

EVENT SPONSORS



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REGISTRATION & MORE INFO AT
www.indianolachamber.com/womensevent

InspireHER

Breaking Barriers,
Building Bridges

ABOUT THE EVENT

Join us at the InspireHER Women's Event – "Breaking Barriers, Building Bridges" – a dynamic and empowering gathering aimed at helping women overcome career and business barriers and make the connections to find success.

If you've ever felt paralyzed by challenges in your job or business, struggled to enact change, or encountered hurdles erected by others, this event is tailor-made for you. Designed to connect women from diverse backgrounds, this event offers a platform to learn strategies for personal and professional growth, forge connections with like-minded peers, and gain access to mentorship opportunities. Join us in unlocking the tools you need to break through barriers and build bridges to success.

Do you have a dream but you can't find the people to help make it happen?

Have you felt paralyzed in your job or business?

Does your business face continuous challenges that you just can't seem to change?

Are there challenges with other people that are impeding your success?

AGENDA

- 7:00AM** **Join Bethany with Begin Again Yoga** for Mindful Movement as she leads you through a guided meditation with awakening movement to start your day. Come as you are.
- 7:30AM** Check-in, Breakfast and Networking
- 8:00AM** **Welcome & Introductions** by Presenting Sponsor
- 8:15 AM** **From Paralysis to Progress: Breaking Barriers and Embracing the Possibilities**
Amanda Zwanziger, Indianola Indianola Chamber Leader, Speaker, Author, Coach
Inspired by her husband's miraculous healing from physical paralysis, Amanda will lead participants through a collaborative process of overcoming the limiting beliefs and barriers that have us paralyzed in our careers and business and keep us from the living fulfilling and connected lives we desire. **TABLE BREAKOUTS**
- 9:45 AM** **Break Barriers and Building Bridges: Shine Spots and Blind Spots**
Barb Ranck, Norwalk Speaker, Enneagram-certified Coach, Facilitator
Prepare to conquer the ultimate challenge - navigating conflict and fostering deep connections to find success. Through her insightful message and table breakout activities, Barb will help us explore more about how relationships natural form, and where we organically build bridges and break barriers, through the 9 lenses of the Enneagram model. **TABLE BREAKOUTS**
- 11:15 AM** Wrap-up and Adjourn

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WARREN COUNTY
CHAMBERS

INDIANOLA
CHAMBER



Please Register By September 22nd!

The Warren County Women's Mentoring "InspireHER" annual event is scheduled for Thursday September 28th, hosted by the Indianola Chamber.

Please let's have a good representation from Carlisle and support the Indianola Chamber. Carlisle will be hosting this event next year.

Make your reservations as soon as possible with payment to the Indianola Chamber.

Questions feel free to contact the Carlisle Chamber at 515-989-4216

or Indianola Chamber at 515-961-6269

Thank You

Morning Glory Coffee, etc.graphics,inc. & Sisters Place for sponsorships.

Carlisle members, lets have a great turn out to represent Carlisle.

Mark Your Calendars Upcoming Events

September 28

Women's Mentoring

InspireHER

Hosted by Indianola Chamber

(Invitation Included)

October 17

Lunch & Learn

Lunstron House

October 19

Pub Crawl

October 21

PumpkinFest

October 24

City Council & State Legislative Forum

Wild Cats Activity Center

(More Information to Follow)

December 3

Light Up Carlisle

Put these dates on your calendars. More information to follow

2023 Carlisle Chamber Board of Directors

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STAFF

Shar Pardubsky, Executive Director



Chamber Contact Information

Carlisle Chamber of Commerce

Shar Pardubsky, Executive Director

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By Appointment