



Mission Statement: The Carlisle Area
Chamber of Commerce exists to
promote the economic vitality of its members, encourage economic
development and to enhance its quality of life.

Warren County Chambers
Women's Mentoring
"InspireHER"
September 28, 2023
Make Your Reservaitons



Thursday, Sept. 28 | 8 - 11 am

Red Acre Barn | 4053 Kirkwood St, Prole

\$20 PER PERSON

Optional: Mindful Movement class by Begin Again Yoga at 7:00 a.m.

BREAKFAST PROVIDED

Speakers

Roundtable Collaborations

Inspiring

Mentoring & Networking



From Paralysis to Progress: Breaking Barriers and Embracing the Possibilities

Amanda Zwanziger

Indianola Chamber Leader, Speaker, Author, Coach















Speaker, Enneagram-certified Coach, Facilitator, Norwalk BROUGHT TO YOU BY WARREN COUNTY CHAMBERS







REGISTRATION & MORE INFO AT www.indianolachamber.com/womensevent

WARREN COUNTY WOMEN'S EVENT

InspireHER Breaking Barriers, Building Bridges

ABOUT THE EVENT

Join us at the InspireHER Women's Event - "Breaking Barriers, Building Bridges" – a dynamic and empowering gathering aimed at helping women overcome career and business barriers and make the connections to find success.

If you've ever felt paralyzed by challenges in your job or business, struggled to enact change, or encountered hurdles erected by others, this event is tailor-made for you. Designed to connect women from diverse backgrounds, this event offers a platform to learn strategies for personal and professional growth, forge connections with likeminded peers, and gain access to mentorship opportunities. Join us in unlocking the tools you need to break through barriers and build bridges to success.

Do you have a dream but you can't find the people to help make it happen?

Have you felt paralyzed in your job or business?

Does your business face continuous challenges that you just can't seem to change?

Are there challenges with other people that are impeding your success?

AGENDA

7:00AM Join Bethany with Begin Again Yoga for Mindful Movement as she leads you through a guided meditation with awakening movement to start your day. Come as you are.

7:30AM Check-in, Breakfast and Networking

8:00AM Welcome & Introductions by Presenting Sponsor

From Paralysis to Progress: Breaking Barriers and Embracing the Possibilities 8:15 AM Amanda Zwanziger, Indianola Indianola Chamber Leader, Speaker, Author, Coach Inspired by her husband's miraculous healing from physical paralysis, Amanda will lead participants through a collaborative process of overcoming the limiting beliefs and barriers that have us paralyzed in our careers and business and keep us from the living fulfilling and connected lives we desire. TABLE BREAKOUTS

Break Barriers and Building Bridges: Shine Spots and Blind Spots 9:45 AM Barb Ranck, Norwalk Speaker, Enneagram-certified Coach, Facilitator

> Prepare to conquer the ultimate challenge - navigating conflict and fostering deep connections to find success. Through her insightful message and table breakout activities, Barb will help us explore more about how relationships natural form, and where we organically build bridges and break barriers, through the 9 lenses of the Enneagram model. TABLE BREAKOUTS

11:15 AM Wrap-up and Adjourn

BROUGHT TO YOU BY WARREN COUNTY **CHAMBERS**

INDIAN PLA CHAMBER







The Warren County Women's Mentoring "InspireHER" annual event is scheduled for Thursday September 28th, hosted by the Indianola Chamber.

Please lets have a good representation from Carlisle and support the Indianola Chamber. Carlisle will be hosting this event next year.

Make your reservations as soon as possible with payment to the Indianola Chamber.

Questions feel free to contact the Carlisle Chamber at 515-989-4216

or Indianola Chamber at 515-961-6269
Thank You

Morning Glory Coffee, etc.graphics,inc. & Sisters Place for sponsorships.

Carlisle members, lets have a great turn out to represent Carlisle.

Mark Your Calendars Upcoming Events

September 26
Women's Mentoring
InspireHER
Hosted by Indianola Chamber
(Invitation Included)

October 17
Lunch & Learn
Lunstron House

October 19 Pub Crawl

October 21 PumpkinFest

October 24
City Council & State Legislative Forum
Wild Cats Activity Center
(More Information to Follow)

December 3
Light Up Carlisle



2023 Carlisle Chamber Board of Directors

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STAFF

Shar Pardubsky, Executive Director



Chamber Contact Information

Carlisle Chamber of Commerce

Shar Pardubsky, Executive Director 27 School St; PO Box 487 Carlisle, IA 50047 (515) 989-4216

By Appointment