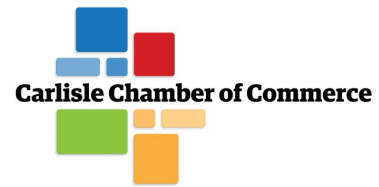




Mission Statement: The Carlisle Area Chamber of Commerce exists to promote the economic vitality of its members, encourage economic development and to enhance its quality of life.



BUSINESS SPOTLIGHT OF THE MONTH
ATHLETICO PHYSICAL THERAPY
840 School Street
Carlisle, Iowa



Business Spotlight



Athletico Physical Therapy

840 School St. Ste A

Carlisle, Iowa 50047

(515) 505-3205

www.athletico.com/locations/carlisle-ia

Business Profile: *Athletico Physical Therapy has been a physical therapy provider in Carlisle since June 2022, but we have been providing physical and occupational services in the Des Moines area since 2015. Athletico has also provided the athletic training services to Carlisle High School over the past 8 years.*

Business Information:

- At Athletico, we provide physical therapy, rehabilitation, and work comp services to help get patients back to what they want to do.
- We offer specialty services at this clinic including overhead throwing, vestibular rehabilitation, blood flow restriction, and spine specialties.
- Patients can take advantage of a 30-minute free assessment where a licensed clinician assesses their injury and determines if physical therapy is right for them.
- Being a newer member of the Carlisle Chamber has been helpful in creating connections within the community. It has allowed for an opportunity to give back to the community while also promoting what **Athletico** has to offer.

If you are ever in need of physical therapy, Athletico is here for you!

Mark Your Calendars Upcoming Events

August 19, 2023

Annual Carlisle Golf Outing

(AM Tee Times Still Available)

August 19, 2023

Bike Night
5:00 PM - 10:00 PM
Entertainment By
Luke Farland

August 21, 2023
Educators & Staff Appreciation Breakfast
7:30 AM

Sponsored by Hy-Vee Southridge & Fareway Meat & Grocery
Bellflower Florist & Gifts, Morning Glory Coffee &
Rejuvenate Medical Aesthetic & Spa, Shannon Brown

August 21, 2023
Lets Talk
11:45 AM - 1:00 PM
Carlisle Chamber Park
27 School Street

2023 Carlisle Chamber Board of Directors

EXECUTIVE BOARD

President, Tracy Rector ([Sisters Place](#))
Sara Davis, Vice President ([The Carlisle Citizen](#))
Alicia Benson, Secretary ([AB Coaching](#))
Lynn Schattner, Treasurer ([Cyber Solutions](#))
Past President, Dr. Mathew Wanderscheid ([21st Century Rehab](#))

DIRECTORS

Linda Freese ([55 MANE on Main](#))
Dr. Pamela Goode PharmD ([Medicap Pharmacy](#))
Andrea Hoekstra ([Carlisle Community Schools](#))
Adam Lande ([Fareway Food & Groceries](#))
Paige Smothers ([Sprouts Early Learning Academy](#))
Dr. Tyler Villiard ([Des Moines River Dental Care](#))

Liaison - [City of Carlisle](#)

STAFF



Chamber Contact Information

Carlisle Chamber of Commerce

Shar Pardubsky, Executive Director

27 School St; PO Box 487

Carlisle, IA 50047

(515) 989-4216

By Appointment
