

End The Stigma

Mental Health Awareness 5K Run/Walk

Saturday September 15, 2018

**The Carlisle United Methodist Church,
405 School Street, Carlisle, IA 50047**

- Registration 8:00 to 8:30
- Race at 8:30
- Light Brunch at 9:30 for the runners
- At 10:00 The public is invited to listen to a panel of speakers which will include a Social Worker, Physician, Fireman, Middle School Counselor and a Crisis Hotline worker

Registration forms are available:

At the Carlisle United Methodist Church

On FaceBook page - Carlisle UMC