



The Natural Choice

SATURDAY, AUG 7, 2010

**THE CARLISLE AREA CHAMBER OF COMMERCE
IS SPONSORING THEIR
5TH ANNUAL FAMILY WALK/ BIKE RIDE
AND (NEW THIS YEAR) GEOCACHING**

WALKERS ARE WELCOME

**BREAKFAST IS BEING SERVED FROM 7:00 - 10:00 A.M. AT THE
SUMMERSET BIKE TRAILHEAD**

NEW THIS YEAR - GEOCACHING

**AT 8:00 AM THERE WILL BE A PRESENTATION ON GEOCACHING . SO
BRING THE ENTIRE FAMILY TO FIND OUT MORE ABOUT THIS NEW FORM
OF FAMILY ENTERTAINMENT**

**THE BIKE RIDE IS FREE. FREE-WILL DONATION FOR BREAKFAST.
PROCEEDS TO GO TOWARDS BEAUTIFICATION OF THE TRAILHEAD,
DOWNTOWN AND COMMUNITY-WIDE CARLISLE**

**BIKE/WALK BEFORE OR AFTER BREAKFAST
OR**

**JUST COME AND
ENJOY A PANCAKE**

**LIME GREEN T-SHIRTS
WILL BE AVAILABLE
FOR SALE**

**FOR FURTHER INFORMATION, CONTACT LEE@CARLISLEIACHAMBER.ORG,
OR CALL (515)402-1008**